Who is Kōkua Mau? How can we help you?



Kōkua Mau is a statewide network in Hawai'i that supports and assists people who may be facing serious illness and their loved ones, providing resources and information for the public and professionals.

- Kōkua Mau provides networking with expert and experienced leaders, clinicians, educators, and advocates.
- Kōkua Mau offers tailored education opportunities in advance care planning, palliative care, hospice and end-of-life care through workshops, special speaker events, and seminars.
- Please sign up for our free monthly e-newsletter for updates on national and local news, events, trainings and workshops (including CME events).

As a non-profit membership organization, our goal is to improve quality of life by promoting excellence in early advanced care planning, palliative care, and hospice and end-of-life care. We offer:

- Public and professional education including our Let's Talk Story Program providing face-to-face training on Advance Care Planning
- Workplace Wellness
- Advocacy and public policy
- Statewide leadership
- Promotion and fostering of a collaborative membership
- Development of professional and organizational healthcare capacity

POLST, Free Advance Directive and Other Kokua Mau Resources

Our website **kokuamau.org** offers up-to-date information and resources for people with serious illness and their loved ones, help for the bereaved, materials for professionals, and local and national news. Resources and written materials that can be downloaded as a pdf file or viewed online include:

- Information on POLST (Provider Orders for Life-Sustaining Treatment) as Kōkua Mau is the lead agency for implementing this essential portable medical order
- Free Advance Directives and other support materials
- 16-page booklet 'A Guide to Advance Care Planning, Making Life Decisions'
- YouTube Channel with local stories (youtube.com/c/KokuaMau)
- facebook page featuring local outreach and educational activities (facebook.com/kokuamau)
- "Breaking the Ice"- Personal Stories on End-of-life Issues" a locally produced DVD
- "Living your Dying" an inspiring 57 min. DVD with the late Rev. Dr. Mits Aoki

Join Kōkua Mau

Our collaborative-driven membership includes innovative health plans, hospitals, palliative care experts, educational institutions, hospice care providers, and passionate community champions. Kōkua Mau creates a unity of practice and service where clinical providers, advocates, and collaborating organizations come together to exchange knowledge and resources and to guide the future of serious illness care and support in the state of Hawai'i. Visit kokuamau.org and click on the "Donate 4 Options" under 'Quick Links' or call 808-585-9977 for more information.