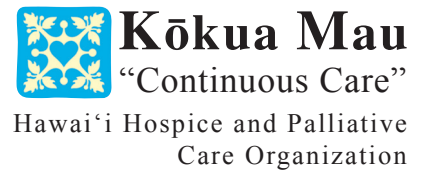


FREE KŌKUA MAU RESOURCES



These free resources are provided by Kōkua Mau. More information and the option to download materials such as the Hawaii Advance Directive and POLST (Provider Orders for Life-Sustaining Treatment) can be found at our website: www.kokuamau.org (note the links to the documents are clickable in this PDF file)

ADVANCE DIRECTIVE AND POLST

- Your Advance Directive for Future Healthcare** an additional two page check list
- Hawai‘i Advance Health Care Directive** - free- developed by Kōkua Mau (Updated Feb. 2015)
- A writable PDF file of the **Hawai‘i Advance Health Care Directive**

- Hawai‘i POLST Form** Updated 2014. Please make sure it is printed on lime green paper, two-sided
- A Provider’s Guide to POLST** 2 pages
- FAQ - A Consumer Guide to POLST** 2 pages

KŌKUA MAU MATERIALS:

- Tubefeeding** 2 pages
- Questions about CPR** 2 pages
- A Guide to Advance Care Planning: Making Life Decisions** (16 page booklet Aug. 2015)

MORE KŌKUA MAU SPECIFIC MATERIALS:

- Who is Kōkua Mau?** 1 page background sheet for professionals
- Membership Form for Individuals** 3 pages
- Membership Form for Organizations** 3 pages
- Order Form for Kōkua Mau Materials** (Five Wishes®, Mits Aoki DVD, trigger DVD)

- Kōkua Mau eNewsletter Sign-up** sheet
- Kōkua Mau POLST table top information** sheet

- The Conversation Project*** (with Starter Kit PDF file). More on our website
- The Stanford Letter Project*** - More on our website