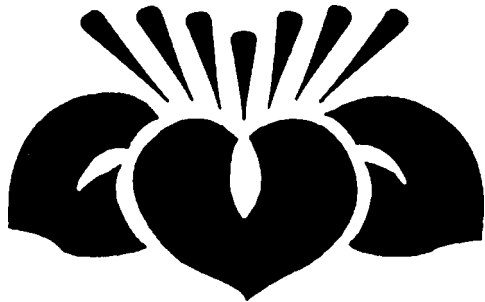


SPEAKERS BUREAU



Starting Dialogues about End-of-Life Issues

A project sponsored by
Kokua Mau:

A Partnership to Improve
End-of-Life Care in Hawai`i,
with support from
The Robert Wood Johnson Foundation.
www.kokua-mau.org

The Taboo

Death is the ultimate taboo. No one wants to think about death, much less talk about it. Yet dying is a natural part of life. Recognizing this helps us improve the quality of our lives.

The crucial first step is to explore what we each may want—and don't want—to happen.

Care at the end of life may involve difficult choices. Often, issues are not addressed until a crisis forces an impromptu discussion. Our Speakers Bureau can help your group begin to learn about, think about, and talk about end-of-life care in an "open forum" designed to increase awareness, gently free up fears, and facilitate communication.

Lecture Topics

Each speaker tailors his or her presentation to match the needs and interests of your specific group. Lecture topics include:

- **Death: A Natural Part of the Life Cycle**
An overview of our cultural conditioning.
"Let's talk about it."
- **Choices at the End of Life**
Advance Directives, Care Options, and more.
"Understanding the choices, really makes a difference."
- **Zero Acceptance of Pain: "ZAP"**
Understanding more about pain management.
"Pain can be controlled."
- **The Journey at the End of Life**
Physical, emotional, social, and spiritual changes and challenges.
"Most questions can be answered."

Book a Speaker

Our speakers are professionals and community members who volunteer their time to educate people on a wide spectrum of end-of-life topics. These include information about the options for good end-of-life care in our communities, what to expect from good pain management, the significance of an advance directive, practical strategies for communicating your desires with your family and physician, and other important, related topics.

Please call us to book a talk for your group. We can also book a series of four talks. Customized presentations on related topics by qualified speakers can also be arranged. Whatever the topic, we have a speaker!

It is easy to book a speaker. Simply call the Kokua Mau Public Awareness Coordinator at **585-9977** (O'ahu) to discuss the topics you'd like the speaker to address, or easier yet, email (info@kokua-mau.org) or mail the attached Booking Form to us. *Please call at least three weeks ahead of your event.*

KOKUA MAU is a partnership of organizations and individuals working with key people in healthcare, government, and the general public to improve how we in Hawaii are cared for at the end of our lives. Our Speakers Bureau is the centerpiece of our community outreach effort. **OUR GOAL:** For people to *initiate conversations* with family members about end-of-life issues, so that our community will come to expect—and demand to receive—quality care for themselves and their families.