Bereavement Network of Hawaii Resource List

SUPPORT GROUPS

Adventist Health Castle
Address: Adventist Health Castle: 640 Ulukahiki St, Kailua HI 96734
Phone: Chaplain Sara-May Colon, 808-263-5343
Email: colonsj@ah.org
Website: www.adventisthealth.org/castle
Eligibility: Open to all
Services: Support Groups

- Virtual Grief Support Group: 2nd & 4th Wednesday of the month, 6-7 pm on Zoom
- In-Person Grief Support Group: 1st and 3rd Wednesday at 10-11 am in the chapel at AH Castle

Fee: Free

Angel On My Shoulder Survivor Loss Support
Address: 98-626 Moanalua Loop #107, Aiea, HI 96701
Phone: Pua Kaninau-Santos, MSW, 808-271-8582
Email: pkshawaii@gmail.com
Website: oahupshawaiitaskforce.org
Eligibility: Loss of a loved one by suicide. All ages.
Services: Support Groups

- Monthly group meets 3rd Wednesday, 5:30-7 p.m.
- Debrief for primary `Ohana members. Grief, loss, & bereavement counseling, grief-education, & consulting. *Specializes in suicide prevention education & training.

Fee: Call for information

Bristol Hospice
Address: 55 Merchant Street Suite 2900 Honolulu, HI 96813
Phone: 808-536-8012
Email: Bonyen Colunga, Bereavement Coordinator, bonyen.colunga@bristolhospice.com
Joseph Eppink, Bereavement Coordinator, joseph.eppink@bristolhospice.com
Angela Quito, Bereavement Coordinator, angela.quito@bristolhospice.com

Website: www.bristolhospice.com
Eligibility: Anyone who is grieving the loss of a loved one.
Services: Support Groups.

- Coping with Loss & Grief: Waikele Community Park, Recreation Center, 1st Tue at 10am (contact Angela).
- Kapi'olani Grief Support Group: Across from Paki Hale, at the picnic tables, 1st & 3rd Wed at 9:30am (contact Bonyen).
- Children's Grief Support Group - Ages 6-11: Bristol Hospice Conference Room, 1st Thur at 4pm (contact Joseph).
- Teen's Grief Support Group - Ages 12-18: Bristol Hospice Conference Room, 1st Thur at 5pm (contact Joseph).
- Bereaved Spouses Support Group: Bristol Hospice Conference Room, 4th Tues at 11am (contact Angela).

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- Understanding Grief (Online): Contact Angela for link, 2nd & 4th Thur at 6 pm
- Men's Grief Support Group (Online): Contact Joseph for link, 2nd & 4th Wed at 7 pm
- LGBTQ+ Support Group (Online): Contact Joseph for link, 4th Sun at 7 pm
- A Step Toward Healing Group (Online): Contact Joseph for link, 3rd Sun at 7 pm

Fee: Free

Compassionate Friends

Address: N/A

Phone: David Kaniaupio, Honolulu Chapter Co-Leader, 808-222-6556
Terry Kaniaupio, Honolulu Chapter Co-Leader, 808-222-2729
Patti Kaneshiro, Hilo Chapter Leader, (808) 937-7523

Email: kaniaupiotcf@gmail.com (Honolulu Chapter)
easthawaiitcf@yahoo.com (Hilo Chapter)

Website: National: www.compassionatefriends.org
Honolulu: www.compassionatefriendshawaii.org

Eligibility: N/A

Services: Self-help groups assist parents & siblings with adjustments to grief/loss.

- Honolulu meetings are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at Kaneohe Bay Plaza Room 401 (45-955 Kamehameha Hwy. Kaneohe, HI 96744). These meetings are both virtual and in-person.
- Hilo meetings are on the 4th Wednesday of each month at Hilo United Methodist Church, 374 Waianuenue Avenue from 5-6:30 pm These meetings are both virtual and in-person.

Fee: Free

Family Bereavement Support Group

Address: N/A

Phone: Sandra Pohl, 808-226-4787

Email: creativeartshi8@gmail.com

Website: N/A

Eligibility: Family members who have lost a loved one through death.

Services: Monthly support group meets every 2nd Sunday of every month, 2:00p.m. – 3:30p.m. at Downtown Art Center (DAC), Chinatown Gateway Plaza, 1041 B Nuuanu Ave, 2nd floor. Facilitated by Donna Wallace and Charlie Chong.

Fee: Free. (Street parking fee on Sundays. Municipal Parking lot is on Bethel Street past King Street)

GriefShare Kaneohe

Address: First Presbyterian Church: 45-550 Kionaole Road, Kaneohe, HI 96744

Phone: Church office: 808-532-1111
Leona Larkin (Director of Care & Restoration Ministries): 808-532-1134

Email: leona@fpchawaii.org

Website: www.griefshare.org or www.fpchawaii.org

Eligibility: Anyone who has lost a loved one to death.

Services: This is a faith-based, non-denominational, Christ-centered 13-week program that facilitates healing & recovery from grief. Sessions stand alone; participants may join at any time. Three series a year. We meet at First Presbyterian Church of Honolulu at Ko'olau. Date/time of the meeting may vary. Please contact the church office or the facilitator listed above for the current meeting date/time.

Fee: Free (includes workbook)

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GriefShare Pearl City
Address: Leeward Community Church: 1860 Komo Mai Drive, Pearl City, HI 96782
Phone: Mel Tanoue: 808-551-4773
Email: mtanoue@leewardcommunitychurch.org
Website: www.griefshare.org
Eligibility: Anyone who has lost a loved one to death.
Services: This is a 13-week grief recovery support group. Includes videos, discussion, and personal recovery tips through your workbooks. At GriefShare you will find a safe, comforting place where you can talk with others about your grief. You'll find support, direction, and guidance on how to make it through.
Fee: Free (includes workbook)

GriefShare Wahiawa
Address: Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave., Wahiawa, HI 96786
Phone: Jim Higa (Chair): 808-232-3992
Jaylina Abuy (Church Secretary): 808 622-4361
Email: jameshhiga@hawaiiantel.net
Website: www.wahiawaumc.org
Eligibility: Open to all island residents who have lost a loved one to death.
Services: Grief Share is a Christian based, nondenominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day "Surviving the Holiday" session.
Fee: Free (includes workbook & access to extensive library of grief related books)

Islands Hospice
Address: 820 Mililani St. Suite 400 Honolulu, HI 96813
Phone: Ashley Ladi LSW, Bereavement Coordinator (808) 550-2552, fax: (808) 550-2551
Email: ALadi@islandshospice.com
Website: www.islandshospice.com or Ho'oulu 'Aina: www.hoouluaina.com
Eligibility: All people of all ages in the community who are grieving the loss of a loved one.
Services: Bereavement support groups for adults (Must RSVP).

- *C4 Christ Centered Community Church at Kahala Mall:* 1st & 3rd Monday, 11 am –1 pm. 2nd & 4th Monday, 5-7 pm. 1st & 3rd Thursday, 11-12 pm. 2nd & 4th Thursday 5-7 pm.
- *Legacy Community Christian Church at 1020 Keolu Dr. (Kailua):* Please contact Brennon Kirstein for more information (#808-476-3781). 1st & 3rd Friday of the Month, 10-11 am.
- *Magic Island at 1365 Ala Moana Blvd:* At end of parking lot, walk toward the grassy area, we meet under a large tree, look for Islands Hospice sign. We have extra chairs, bring one if you have one. Please contact Elizabeth Lewin (#808-202-4473) for more information. 1st & 3rd Wednesday of the month – 9 to 10 am.

Fee: N/A

Kids Hurt Too Hawaii
Address: 245 N. Kukui St. Suite #102, Honolulu, HI 96817
Phone: 808-545-LOVE (5683)

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Email: Executive Director, Walker Rowsey: walker@kidshurttoo.org
Program Director, Hiro Ito, MSW: hiro@kidshurttoo.org
Training Director, Cynthia White, MAEd: training@kidshurttoo.org
Outreach and Evaluation Manager, LeeAnn Villa, M.A: leeann@kidshurttoo.org
Website: www.kidshurttoo.org
Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, and any family member because of death, divorce, incarceration, abandonment, DV, & CAN
Services: Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, and any family member because of death, divorce, incarceration, abandonment, DV, & CAN Services, and natural disasters:
Support Groups: Peer support groups and group mentoring activities for children, teens, and their caregivers through our Healing Young Hearts Program. Workshops and training. Crisis intervention after violent death. List of Groups below.

- Children in Care: Bi-monthly group for children who are in foster care, kinship care, guardianship, and adoption. (Monday night from 6-7:30 pm)
- General Death: Bi-monthly group for children with deceased family members including one or both parents, siblings, or grandparents. (Thursday night from 6-7:30 pm)
- Loss from Separation: Bi-monthly group for children who are separated from a parent due to divorce, domestic violence, incarceration, and other types of separations. (Tuesday from 6-7:30 pm)
- Loss from Death: Monthly group for children who have experienced the death of one or more family member(s). (Tuesday from 6-7:30 pm)
- All Teens Group: Monthly group for any kind of loss or separation from one or more family member(s). (Tuesday from 6-7:30 pm)
- Loss from Death, Teens: Monthly group for teens impacted by death. (Thursday from 6-7:30 pm)
- Loss from Separation, Teens: Monthly group for teens separated from one or both parents. (Thursday from 6-7:30 pm)
- Families with Little Keiki: Monthly group for children 3-7 years old impacted by death. (Sunday from 12-1:30 pm)
- School-based programs: Westside at Nanaikapono Elementary School (in-school and after school two times a month on Mondays)
- Maui at Paia Elementary School for children impacted by deaths, separations. and displacements due to the fires (all during school weekly on Wednesdays).
- Violent Deaths Support Group: Monthly group for families who had a family member(s) die from homicide, suicide, or accidents.
- ***Fee:*** Services are free. Families need to be registered before participation in groups and mentoring activities. Please call: groups are subject to change

Let Grace In
Address: P.O. Box 1783 Aiea, HI 96701
Phone: Gabby Gouveia 808-451-3660
Email: gabby@letgracein.org
Website: www.letgracein.org
Eligibility: Parents and siblings grieving the death of their child/baby/sibling.
Services: Monthly therapeutic events, HOPE retreats (4 days, 3 nights and donations are appreciated), & the Grief Recovery Method evidenced based educational programs (7-week 1:1 program offered).

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Fee: No charge for monthly gatherings. Scholarships available for Hope Retreats & Grief Recovery Method programs. ♥

Medical Aid in Dying Bereavement Support Group
Address: Online/Zoom
Phone: Joy Rodriguez, 808-853-0621
Email: joydrodriguez@yahoo.com or leilani.maxera.therapy@gmail.com
Website (facilitators): honoluludeathdoula.com & leilanimaxera.com
Eligibility: Open to any family member or loved one of someone who chose to access Medical Aid in Dying in Hawai'i
Services: Monthly support group via Zoom the last Sunday of the month, 6-8pm
(Sponsored by A Sacred Passing and registration can be found at asacredpassing.org/events. Services are also provided as an end-of-life doula)
Fee: Free

Make Today Count (Sponsored in part by The American Cancer Society)
Address: Nuuanu Congregational Church: 2651 Pali Highway, Honolulu, HI 96817
Phone: Jenny Hausler at 808-455-3242 or 808-368-4594
Email: jenhausler@hotmail.com
Website: www.cancer.org
Eligibility: Open to the community. No children, but teenagers are accepted.
Services: Meetings held the 3rd Saturday of every month 10-12noon (on pause at the moment)
Fee: Free

Malama Ola
Address: P.O.Box 30273, Honolulu, HI 96820
Phone: Claudine Takatsuka, Bereavement Coordinator, 808-543-1188
Email: claudine@malamaolacares.com
Website: https://malamaolacares.com
Eligibility: Open to all and Malama Ola families
Services: Offers grief, loss & bereavement education & support online. Contact Claudine for more information
Fee: Free

Mali Bella Foundation
Address: 501 Kealahou St., Unit A51, Honolulu, HI 96825
Phone: Sejal Megill at 808-388-2520
Email: malibellafoundation@gmail.com
Website: www.malibellafoundation.org
Eligibility: Providing hope, healing & support for bereaved families.
Services: Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature, Online Support Group & Resources.
Fee: Free

Mits Aoki Legacy Foundation
Address: Address: 111 Hekili St. #496A, Kailua, HI 96734
Phone: Alan Gamble, LCSW (808) 741-5733

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Email: info@mitsaokilegacyfoundation.org
Website: https://mitsaokilegacyfoundation.org
Eligibility: Group open to anyone who is grieving a loved one.
Educational presentations open to all.
Services: Grief Support. In person "Hand in Hand" 1st Wednesday of every month 9:30-10:30 am. Pearlridge. Co-lead by Felicia Marquez-Wong, MSW. Call for further information and meeting place. Periodic online (zoom) educational presentations: https://mistaokilegacyfoundation.org
Fee: Free

Mommies Monday Mourning
Address: N/A
Phone: Luisa Wyant, L.C.S.W. at 808-753-2547 (call or text)
Email: Luisa@fullyAlive.info
Website: N/A
Eligibility: Mom of any age whose child (of any age) has preceded them in death. Important to call Luisa in advance to be prequalified and learn of any possible prerequisites.
Services: Monthly Virtual Group- Usually the 3rd Monday of each month 5:15-6:30 pm
Fee: Most insurances cover

Navian Hawaii (formerly Hospice Hawaii)
Address: 860 Iwilei Road, Honolulu, HI 96817
Phone: 808-924-9255
Email: bereavement@navianhawaii.org
Website: www.navianhawaii.org
Eligibility: Anyone who has experienced the death of a loved one.
Services: Individual grief support by appointment, bereavement support groups for adults, consultation/support for death in the workplace, schools, & the community.

- Virtual Grief Support Group: Meets 4th Wednesday of every month 5:30pm – 6:30pm
- See attached link for registration or email bereavement@navianhawaii.org for registration)
- Annual Memorial Service: refer to Navian Hawaii website for further details.

Fee: No Fee to participate in virtual sessions, for 1:1 individual grief support session (3) no cost sessions are available.

Pet Loss Support Group
Address: Hawaiian Humane Society: 2700 Waialae Avenue, Honolulu, HI 96826 & 91-1945 Fort Weaver Road, 'Ewa Beach, HI 96706
Phone: Skylar Geasey: 808-356-2222, fax: 955-6034
Email: outreach@hawaiianhumane.org
Website: www.hawaiianhumane.org
Eligibility: General public (Children under 16 should be accompanied by an adult)
Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1st Tuesday of each month, 6:30-7:30 pm (virtual: Email outreach@hawaiianhumane.org to reserve a spot)
Fee: Free

St. Francis Hospice
Address: N/A

Phone: 808-595-7566
Email: Bereavement@stfrancishawaii.org; Monica Bailey-Jubé, LSW: Mbailey@stfrancishawaii.org
Kelly Acuña, LSW: Kacuna@stfrancishawaii.org
Website: www.stfrancishawaii.org
Eligibility: Anyone grieving the death of a loved one.
Services: Support services aimed at meeting the needs of grieving individuals and their families. Services include grief support group meetings, 1:1 counseling sessions (based on need), memorial events, educational materials and resources. (Call or email for more information)

- *Town Meeting:* Meets on the third Wednesday of the month from 10-11:30 am, located at St. Francis Senior Community Center, Lumi Ahona Rooms: 2230 Liliha Street (St. Francis Healthcare System campus).
  Facilitated by Monica Bailey-Jubé, LSW.
- *West Meeting:* Meets on the third Friday of the month from 10-11:30 am, located at Kalaeloa Professional Center: 91-1010 Shangrila St. Suite 303-304 Kapolei, HI 96707.
  Facilitated by Kelly Acuña, LSW.
- *Grief Café:* Meets every first Friday of the month from 10-noon, located at St. Francis Senior Community Courtyard: 2230 Liliha Street (St. Francis Healthcare System campus).
  Facilitated by Kelly Acuña, LSW and Monica Bailey-Jubé, LSW.

Fee: Free

Star of the Sea Healing Hearts Ministry
Address: 4470 Aliikoa Street, Honolulu, HI 96821
Phone: Teddy Adorable: 808-395-4585
Debbie Galipeau: 808-734-7106
Email: Teddy Adorable: tadorable@hawaii.rr.com
Debbie: dlgalipeau@msn.com
Website: http://www.staroftheseahonolulu.com/
Eligibility: N/A
Services: Bereavement Support Group for those actively grieving; meetings are on Saturdays from 1-3 pm. "Seasons of Hope" are four 6 week sessions per year. Please email Teddy or Debbie for their schedule and for more information.
Fee: Free

AGENCIES

Borthwick Mortuary
Address: 1330 Maunakea St. Honolulu, HI 96817
Phone: Mel Kalahiki: 808-522–5200, fax: 808-522–5206
Email: Mel Kalahiki: melvin.kalahiki@dignitymemorial.com
Ennilee Anulao: ennilee.anulao@dignitymemorial.com
Website: www.dignitymemorial.com
Eligibility: General Public

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Services: Provides literature & videos for bereavement support. "Picking Up the Pieces" program is a series providing assistance & support in coping with the death of a loved one. Topics vary from the death of a child, suicides, & unexpected deaths.
Fee: Free

HUGS
Address: 3636 Kilauea Avenue, Honolulu, HI 96816
Phone: 808-732-4846, Fax: 808-732-4881
Email: info@hugshawaii.org
Website: www.hugshawaii.org
Eligibility: Seriously ill children & their families.
Services: A wide range of peer support services for seriously ill children & their families, plus bereavement support to these families. HUGS provides financial assistance, which can be for airfares, food, diapers, etc. They also do hospital visits for pediatric patients.
Fee: Free

Kokua Mau, "A Movement to Improve Care"
Address: P. O. Box 62155, Honolulu, HI 96839
Phone: Jeannette Koijane, 808-585–9977
THANEmail: Email: info@kokuamau.org; jkoijane@kokuamau.org
Website: www.kokuamau.org
Eligibility: Services are open to everyone, membership grants a discount for educational activities.
Services: Speaker's Bureau, educational materials, resources & training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care & early advance care planning on all islands. For free monthly E-newsletter, write to info@kokuamau.org.
Fee: Nominal fees for training materials. Speaker's Bureau - Donations requested, if possible.

Legacy of Life Hawai'i
Address: 405 N. Kuakini Street, Suite 810, Honolulu, HI 96817
Phone: 808-599-7630, Fax: 808-599-7631
Felicia Wells-Williams, RN, Dir. of Family Services, (808) 585–3412, Toll Free (877) 855-0603
Email: familyservices@legacyoflifehawaii.org
Website: www.legacyoflifehawaii.org
Eligibility: Family members of Hawaii's organ, tissue, & eye donors.
Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.
Fee: Free

Lili'uokalani Trust
Address: Kipuka Ko'olau Poko: 46-316 Haiku Rd. Kaneohe, HI 96744
Kipuka Wai'anae: 87-1876 Farrington Hwy., Wai`anae, HI 96792
Phone: Kipuka Ko'olau Poko (East O'ahu): A. Hi'ipoi Ho: 808-466-7948
Kipuka Wai'anae (West O'ahu): Kristi Medeiros: 808-466-8166
Email: East Oahu: N. Kamala Yogi: nyogi@onipaa.org
West Oahu: Kristi Medeiros: kmedeiros@onipaa.org
Website: www.onipaa.org

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Eligibility: The Trust serves "orphaned and destitute children" in the State of Hawai'i with preference given to those of Native Hawaiian ancestry. Orphaned and destitute children can be defined as a child grieving the loss of one or both parents through death or separation.
Services: Our Social Services Team offers case management, counseling, social-emotional groups, and family strengthening groups. We address loss or grief due to death or absence of a parent, trauma-related issues, emotional behavioral needs of a child, and family conflict.
Fee: N/A

MADD (Mother's Against Drunk Driving-Victim Services)
Address: 745 Fort Street, Suite 303, Honolulu, HI 96813
Phone: Theresa Paulette at 808-532-6233/532-6232
Email: Theresa.Paulette@madd.org; hi.state@madd.org
Website: www.madd.org/hawaii
Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.
Services: Support

- Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals.
- Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide.
- Provide a virtual Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24-hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)

Fee: Free and Confidential

May Day Counseling, LLC
Address: c/o Ike Pono Medical Billing Hawaii: 1600 Kapiolani Blvd., #524 Honolulu, HI 96814
Phone: Carol Anne Gordon, LCSW, 901-249-0463
Email: LCSWcag@protonmail.com
Website: N/A
Eligibility: Adult individuals suffering from grief, as well as depression and/or anxiety.
Services: Via TeleHealth only, access to TeleHealth via a computer (not a phone) with video and microphone is needed. Able to serve clients who are physically located in Hawai'i, North Carolina, Florida, and Guam.
Fee: Most insurance plans accepted, as are Out of Network and Out of Pocket fees.
Free 15-minute initial TeleHealth session provided for client and therapist to connect and determine rapport.

Reid Richards Foundation "Napuaokamakaola"
Address: P.O. Box 61526, Honolulu, HI 96839
Phone: Roberta Richards, 808-220–3491
Email: lele8864@hawaii.rr.com
Website: www.reidrichardsfoundation.com
Eligibility: Loss of biological parent or caregiver through death.
Services: We provide academic scholarships to students who have lost a biological parent or caregiver through death. All information can be found on our website.
Fee: N/A

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Samaritan Counseling Center Hawai'i
Address: 1020 South Beretania Street, Honolulu, HI 96814.
Phone: Christopher O'Brien, 808-545–2740, fax: 808-545–2852
Lori Besignano, 808-545-2740
Email: info@samaritanhawaii.org, admin@samaritanhawaii.org
Website: www.samaritancounselingcenterhawaii.org
Eligibility: Anyone in need of counseling services
Services: Professional counseling that integrates spiritual & religious beliefs into the therapeutic process. We serve children, adults, & families on Oahu. First United Methodist Church - 1020 Beretania St. (main office) and the Pearl City Community Church, Pearl City. Home visits are also available for the homebound. They also provide telehealth by Zoom on a case-by-case basis.
Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP's & others. The Center also offers a sliding fee scale & has a Client Assistance Fund, (supported by charitable donations) which makes services affordable for all.

Survivor Outreach Services (SOS) & Tragedy Assistance Program for Survivors (TAPS)
Address: Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857
Phone: Jessica Nutz, 808-787-4296
Email: jessica.nutz.civ@mail.mil
Website: www.armymar.com/programs-and-services/personal-assistance/survivor-outreach
Eligibility: All Survivors being the spouses, children, parents, siblings, & friends grieving the loss of military personnel regardless of how they died.
Services: Provides long-term support, resources & emotional connections to the military for the bereaved.
Fee: Call for information

The Society of Military Widows, Aloha Chapter
Address: 107 Imaka Place, Wahiawa, Hawaii 96786
Phone: N/A
Email: N/A
Website: www.militarywidows.org
Eligibility: Widows of career military personnel. Must possess military I.D.
Services: This active local chapter offers information, social activities & general support.
Fee: Call for information

Visitor Aloha Society of Hawaii – V.A.S.H.
Address: Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815
Phone: Jessica Lani Rich, President & CEO, 808-926-8274, fax: 808-926–0500
Email: Jrich.vash@gmail.com
Website: www.visitoralohasocietyofhawaii.org
Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities. Must have a round-trip ticket.
Services: Bereavement support & comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; & mortuaries; assist with changes in hotel, car, & airline reservations; & more.
Fee: Free

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INDIVIDUALS

Erik Acuña, L.C.S.W.
Address: Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701
Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813
Phone: 808-445-1858
Email: acuna.au@gmail.com
Website: N/A
Eligibility: Adults & Families
Services: Offers counseling for all forms of grief & loss, relationship issues, anxiety & depression. Has extensive experience working with people with severe mental illness & trauma symptoms. Therapeutic approach is based in psychodynamic therapy & client-centered therapy. Integrates Trauma Center-Trauma Sensitive Yoga, EMDR, & Dialectical Behavior Therapy when appropriate & if wanted.
Fee: Most Insurance Accepted

Richard Hennessey, L.C.S.W.
Address: Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826
Phone: 808-372-1219
Email: rhawareness@yahoo.com
Website: N/A
Eligibility: Individuals, Couples, Families (Not taking new therapy clients at this time)
Services: Specializes in grief work using mindfulness, & teaches Mindfulness-Based Stress Reduction (MBSR) to address grief, anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, & life-threatening illness. Also, offers workshops and book studies on the spiritual mindfulness-related work of Anthony de Mello. Additional resources about MBSR and Anthony de Mello work are also available.
Fee: Most Insurance Accepted

Leilani Maxera, L.C.S.W.
Address: N/A
Phone: 808-353-8554
Email: leilani.maxera.therapy@gmail.com
Website: www.kaipuokaualoku.com
Eligibility: Individuals & Groups; adults.
Services: Individual therapy, grief counseling, and death doula services; individual support, group sessions, incident debriefing, and memorials for social service and healthcare staff who are dealing with death, grief, and trauma in the workplace; pro bono Medical Aid in Dying capacity evaluations and grief support for loved ones of those who have chosen MAiD. Services offered via Zoom and other telehealth platforms for all islands.
Fee: Sliding scale for private pay; HMSA PPO & HMSA QUEST accepted for insurance

Richard I. Ries, Psy.D.M.S.Ed.

Address: 1188 Bishop Street, Suite 3110, Honolulu, HI 96813
Phone: 808-295-3999, fax: 808-521-4466
Email: miko_ries@yahoo.com
Website: N/A
Eligibility: Children (7 & above), adolescents, adults & older adults, families
Services: Hospice psychotherapy, Grief & loss, Caregiver Resiliency support & gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT & Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing.
Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare & others)

George F. Rhoades, Jr., Ph.D.
Address: Ola Hou Clinic, 98-084 Kamehameha Hwy., Suite 306, Aiea, HI 96701
Phone: 808-487–5433, fax: 808-487–5444
Email: dr.grhoades@gmail.com; olahouclinic@gmail.com
Website: N/A
Eligibility: Children, adolescents, adults, & their families.
Services: Grief counseling for children, adolescents, & adults as well as general child, adolescent, & adult counseling. Specializing in the treatment of trauma, dissociation & anger management. They also provide trauma/grief presentations to groups to understand trauma and healing from trauma. He has worked in 35 countries in the area of trauma with the non-profit group, "Roads to Hope".
Fee: Most Insurance Accepted

Luisa C.O. Wyant, L.C.S.W.
Address: Fully Alive Counseling, LLC
Phone: Office: 808-394-2800, Cell: 808-753-2547, Fax: 808-394-2826
Email: luisa@fullyalive.info
Website: N/A
Eligibility: Individuals of all ages & their Ohana
Services: Serving Grievers & Caregivers in East Honolulu and the Windward side, via Zoom or face-to-face, socially distanced.

- Specialized Support for caregivers, private & professional; Mobile service for grief counseling, if pre-planned.
- Grief Support Group: Mommies Monday Mourning, 3rd Mon. of each month, 4:30 – 6:00pm This group is for moms whose child (of any age) has died. Call ahead for details.

Fee: HMAA, HMSA, Tricare accepted. Also sliding scale, if appropriate. Please call the office for assistance and scheduling.

HOSPICE, INDIVIDUALS & AGENCIES: Neighbor Islands

HAWAII-BIG ISLAND

Hawai'i Care Choices – Formerly Hospice of Hilo (Hawai'i)
Address: 1011 Waianuenue Avenue, Hilo, HI 96720–2019

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Phone: Catherine Czerepak, Chaplaincy and Social Services Mgr (808) 969–1733, fax: (808) 969–4863
Email: jroach@hawaiicarechoices.org or cczerepak@hawaiicarechoices.org
Website: www.hawaiicarechoices.org
Eligibility: Anyone in East Hawaii experiencing the death of a loved one.
Services: Individual counseling, support groups, workshops & trainings offered throughout the year. Referrals as needed.

- Community Grief Support Group: Tuesdays at 11 am on Zoom-with one in-person session per 8 weeks (call for dates)
- Children's Bereavement Group: 5-week after-school series (call for dates)
- Celebration of Life: May 25, 2025 at Reed's Bay
- Keiki Holiday Party: December (call for date)
- Season of Light at Wailoa State Park: Call for date

Fee: N/A

Hospice of Kona & Maluihi Grief Center (Hawai'i)
Address: P.O. Box 4130, Kailua Kona, HI 96745
Phone: Dennis Sloan, MSW, Director of Bereavement Services, (808) 324-7700
Email: dsloan@hospiceofkona.org
Website: www.hospiceofkona.org
Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.
Services: Individual counseling for adults & children, support groups, workshops, & educational evenings. (Please call to schedule an appointment prior to attending any group)

- Ongoing Monthly Support groups: Those Who Have Lost a Child -1st Saturday of the month, noon - 1:30 p.m.; Spouse Loss Group - 1st Monday of the month, noon-1:30 p.m.
- Eight Week Support groups: Grief Explorations Support Group offered quarterly;
- Grief Movie Nights: Using movies to move through grief for adults and children;
- Annual Children's Grief Camp: Camp Erin Hawaii
- Grief & the Holidays in December.
- Annual Memorial Service: Circle of Remembrance offers the bereaved of the community an opportunity to express their grief & remember & honor their loved ones. Held in January.

Fee: No charge for any services. For more information contact Hospice of Kona Community Services Center, 75-5925 Walua Road, Suite 102. (808) 324-7700, fax: (808) 324-7722 or number above or visit our website www.hospiceofkona.org

North Hawaii Hospice (Hawai'i)
Address: 65-1328 Kawaihae Road, Kamuela, HI 96743
Phone: Brittany Isaac, MA, Counselor and Bereavement Coordinator (808) 885–7547
Email: brittany.i@northhawaiihospice.org
Website: www.northhawaiihospice.org
Eligibility: Anyone who is experiencing or has experienced the loss of a loved one.
Services: Adult individual & group grief support, caregivers support, children & adolescents.

- Adult Grief Support Group meets every Thursday at 3:30 pm Tutu's House.
- Employee grief education and support groups at the school campus can be arranged upon request.
- Occasionally community presentations on dementia, etc. are available.
- They also have a lending library and a Community Lending Closet.

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Fee: There is no charge for any services, though donations are appreciated. For more information, contact North Hawaii Hospice at 808-885-7547.

KAUAI

Kauai Hospice (Kauai)
Address: 4457 Pahe`e Street, Lihue, HI 96766
Phone: Ari Brun, Community Liaison and Walt Weiss, Bereavment Coordinator 808-245-7277, fax: (808) 245–5006
Email: info@kauaihospice.org
Website: www.kauaihospice.org
Eligibility: Any person dealing with the death of a loved one.
Services: Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief & a children's grief program.

- Journey Through Grief - a six-week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.
- Candle Lighting Memorial Service - held annually the first Monday in December at the Immaculate Conception Church.

Fee: Free

Life's Bridges Hawai'i, Inc. (Kauai)
Address: P.O. Box 1965, Līhu'e, Hi 96766 (mailing), Office: 2970 Kele St. Ste 112B Līhu'e, Hi 96766
Phone: Gina Kaulukukui, 808-651-6637
Email: healing@lifesbridgeshawaii.org
Website: www.healinglifesbridgeshawaii.org
Eligibility: Anyone grieving the death of a loved one.
Services: Life's Bridges is dedicated to bridging the gap between grief & healing by providing one on one counseling, bereavement buddies, specialized support groups & community education about death, grief & suicide prevention. Financial assistance to students' academic achievements is now provided.

- BEST (Bridges Emergency Support Team) dispatch by the Kaua'i Police Department, BEST will go directly to the scene of any sudden & unexpected death & provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith & school communities that may be impacted by the death.
- Good Grief Club - this club is designed for children K through 5th grade & is held at various elementary schools around the island & is done in partnership with the Circle of Lights. Dates & locations vary.
- BRIDGES – a support group for any parent who has had a child die regardless of the child's age. This group meets the 3rd Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu'e Plantation Building in Līhu'e.
- Heal the Hurt – a support group for those who have had a loved one die by suicide. For day/time please call 808-651-6637.

Fee: Free

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LANAI

Lanai Community Health Center (Lanai)
Address: 333 Sixth Street, PO Box 630142, Lanai City, HI 96763
Phone: (808) 565-6919
Email: N/A
Website: www.lanaihealth.org
Eligibility: Individual (children, adolescents, & adults), Couples, & Family
Services: Grief, loss, & bereavement counseling, psycho-education, & consultation with tele-psychiatry.
Fee: We use insurance or sliding scale for uninsured patients

MAUI

Hospice Maui (Maui)
Address: 400 Mahalani Street, Wailuku, HI 96793
Phone: Sara Sparling, Bereavement Coordinator 808-244-5555
Email: bereavement@hospicemaui.org
Website: www.hospicemaui.org
Eligibility: Any person dealing with the loss of a loved one.
Services: H.E.A.L. (Help Ease a Loss) Bereavement Support Group meeting alternate weeks- 3 different groups: Tuesday 3-4:30 pm. Wednesday, 4-5:30 pm and 5:30-7 pm (alternating, please call). They also provide individual bereavement support, Navigating Grief during the Holidays, HFA Living with Grief webinar and have a variety of resource materials including a small lending library. Call the number above for more information. Time-limited individual counseling is also available.
Fee: Free

Islands Hospice
Address: 820 Mililani St. Suite 400 Honolulu, HI 96813 (mailing address)
Phone: Brandon Kelly (808) 315-5587
Email: N/A
Website: www.islandshospice.com or Ho'oulu 'Aina: www.hoouluaina.com
Eligibility: All people of all ages in the community who are grieving the loss of a loved one.
Services: Bereavement support groups for adults (Must RSVP).

- Calvary Chapel Central Maui (31 North Market St. Wailuku). Every other Wednesday 4-5 pm.

Fee: N/A

Mari Kanemura, L.C.S.W.
Address: Good Grief Clinic, 1742 Kaahumanu Ave, Wailuku, Maui, HI 96793
Phone: 808-364-9391
Email: mari.kanemura@gmail.com

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Website: N/A
Eligibility: Women
Services: Individual therapy for grief & loss, depression, anxiety, trauma, abuse, and adjustment disorders. Cognitive Behavioral Therapy and Acceptance Commitment Therapy, integrated with Christianity and faith when applicable. In-person and telehealth options available for Maui, Molokai, Lanai, Oahu, Kauai and Hawaii island.
Fee: Insurance accepted: HMSA, Kaiser, HMAA, UHA, UHC, Blue Cross Blue Shield, Medicaid/Quest

Na Keiki O Emalia (Maui) – *Imua Family Services*
Address: Imua Family Services, 161 S. Wakea Ave. Kahului, HI 96732
Phone: 808-244-7467
Email: nakeiki@discoverimua.com
Website: https://discoverimua.com/na-keiki-services/
Eligibility: For youth 3-18 who are grieving the death of a parent, sibling, or another person important to them.
Services: Grief support services provided include peer-to-peer support groups guided by trained facilitators in the schools and the community (not therapy), children's bereavement awareness education, group facilitation training, and care package program. Inquire for more information.
Fee: Free

Bereavement Network of Hawaii is a community of grief workers that gather together to share resources and support our community. Meets in-person and virtually. If interested in joining or participating in the Bereavement Network of Hawaii feel free to reach out.

2025 Calendar of Gatherings for Grief Workers
February 27: Virtual from 12-1pm
May 22: In-Person from 11-1pm
August 28: Virtual 12-1pm
November 6: In-Person from 11-1pm

For revisions or more information, please contact: Sara-May Colon (colonsj@ah.org) or Felicia Marquez-Wong (feliciamw808@gmail.com)

Bereavement Network of Hawaii provides this list of resources for informational purpose only and not as an endorsement of those resources listed. This list is not all-inclusive. For additional resources in the community, please check with your health care professional, religious community, online, or the telephone book.

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Updated: May 2025 (by SMC)