

# Bereavement Network of Hawaii Resource List

**Due to COVID-19, groups and services are subject to change.  
Please contact the individual or organization for more information.**

## I. SUPPORT GROUPS

### Adventist Health Castle

640 Ulukahiki St, Kailua HI 96734

Phone: Chaplain Sara-May Colon, 263-5343

Email: [Colonsj@ah.org](mailto:Colonsj@ah.org)

Website: [www.adventisthealth.org/castle](http://www.adventisthealth.org/castle)

Eligibility : Open to all

Services : Support Groups

Grief Support Group & Quarterly Close Grief Support Groups: 2<sup>nd</sup> & 4<sup>th</sup>

Wednesday of the month, 6:00pm-7:00pm @ the Wellness Center. Beyond the Grief

Support Group with Navian Hawaii: meets the 2<sup>nd</sup> Friday of the month, 1:00pm-

3:00pm @ the Wellness Center.

Fee: Free

### ANGEL ON MY SHOULDER SURVIVOR LOSS SUPPORT

98-626 Moanalua Loop #107, Aiea, HI 96701

Phone: Pua Kaninau-Santos, MSW, 271-8582

Email: [pkshawaii@gmail.com](mailto:pkshawaii@gmail.com)

Website: [oahupshawaiitaskforce.org](http://oahupshawaiitaskforce.org)

Eligibility: Loss of a loved one by suicide. All ages.

Services: Virtual monthly group meets 4th Wednesday, 6-7:30 p.m.

Debrief for primary `Ohana members. Grief, loss, & bereavement counseling, grief education, & consulting. \*Specializes in suicide prevention education & training.

Fee: Call for information.

### Bristol Hospice

55 Merchant Street Suite 2900 Honolulu, HI 96813

Phone: 536-8012

Email: Angela Quito, Bereavement Coordinator, [angela.quito@bristolhospice.com](mailto:angela.quito@bristolhospice.com)

Bonyen Colunga, Bereavement Coordinator, [bonyen.colunga@bristolhospice.com](mailto:bonyen.colunga@bristolhospice.com)

Paige Morris, Bereavement Coordinator, [paige.morris@bristolhospice.com](mailto:paige.morris@bristolhospice.com)

Xotchil Sueoka, Bereavement Coordinator, [xotchil.sueoka@bristolhospice.com](mailto:xotchil.sueoka@bristolhospice.com)

Website: [www.bristolhospice.com](http://www.bristolhospice.com)

Eligibility: Anyone who is grieving the loss of a loved one.

Services: Individual & family counseling by appointment and grief support groups

**Understanding Grief**, Join online or by phone, every Friday at 2pm. Contact Angela Quito for meeting access and information.

**Men's Grief Support Group**, Online Meeting, 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of every month at 8 p.m. Email Joseph for details and

passcode: [joseph.eppink@bristolhospice.com](mailto:joseph.eppink@bristolhospice.com)

**Spouse's Grief Support Group**, Join online or by phone, 2<sup>nd</sup> Tuesdays monthly 10-11:30am. Contact Rev. Paige Morris for meeting and access information.

**Youth Grief Support Group: 21 and Under**, Join online or by phone, 3<sup>rd</sup> Tuesdays monthly 2-3:30pm. Contact Rev. Paige Morris for meeting and access information.

**Existential Concerns about Life and Death: Healing the Invisible Hole in Your Heart**, Join online or by phone, 4<sup>th</sup> Tuesdays monthly 10-11:30am. Contact Rev.

Paige Morris for meeting and access information

Fee: Free.

# Bereavement Network of Hawaii

## **COMPASSIONATE FRIENDS**

Phone: David & Terry Kaniaupio, Chapter Co-Leaders, (DK) 222-6556, (TK) 222-2729,  
Email: [kaniaupiotcf@gmail.com](mailto:kaniaupiotcf@gmail.com)  
Patti Kaneshiro, **Hilo Chapter** Leader, (808) 937-7523  
Email: [easthawaiiitcf@yahoo.com](mailto:easthawaiiitcf@yahoo.com)  
Website: National: [www.compassionatefriends.org](http://www.compassionatefriends.org)  
Honolulu: [www.compassionatefriendshawaii.org](http://www.compassionatefriendshawaii.org)  
Services: Self-help groups assist parents & siblings with adjustments to grief/loss.  
**Oahu meetings** are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at The Parish of St Clement, 1515 Wilder Ave, Honolulu, Hawaii 96822. On pause at this time.  
**Hilo meetings** are on the 4<sup>th</sup> Wednesday of each month at Hilo United Methodist Church, 374 Waianuenue Avenue from 5:00 p.m.–6:30 p.m. On pause at this time.  
Fee: Free

## **FAMILY BEREAVEMENT SUPPORT GROUP**

Phone: Sandra Pohl, 226-4787 Email: [creativeartshi8@gmail.com](mailto:creativeartshi8@gmail.com)  
Eligibility: Family members who have lost a loved one through death.  
Services: Monthly support group meets every second Sunday of every month, 2:00p.m. – 3:30p.m. at Downtown Art Center (DAC), Chinatown Gateway Plaza, 1041 B Nuuanu Av, 2nd floor. Facilitated by Rev. J.P.  
Fee: Free. Street parking fee on Sundays. Municipal Parking lot is on Bethel Street past King Street.

## **GRIEFSHARE**

First Presbyterian Church, 45-550 Kionaole Road, Kaneohe, HI 96744  
Phone: Church office: 808-532-1111  
Sissi Tran-Copeland (661)-220-0441 Email: [griefshare@fpchawaii.org](mailto:griefshare@fpchawaii.org)  
Marianna Meachen 225-8448 Email: [marianna@fpchawaii.org](mailto:marianna@fpchawaii.org)  
Website: [www.griefshare.org](http://www.griefshare.org) or [www.fpchawaii.org](http://www.fpchawaii.org)  
Eligibility: Anyone who has lost a loved one to death.  
Service: This is a faith-based, non-denominational, Christ-centered 13 week program that facilitates healing & recovery from grief. Sessions stand alone; participants may join at any time. Three series a year. We meet at First Presbyterian Church of Honolulu at Ko'olau Golf Course. Date/time of the meeting may vary. Please contact the church office or one of the facilitators listed above for the current meeting date/time.  
Fee: \$15.00 suggested donation for the workbook.

## **GRIEFSHARE**

Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave., Wahiawa, HI 96786  
Phone: Jim Higa (Chair) 232-3992 & Dina Cornwall (Church Secretary) 622-4361  
Email: [jameshhiga@hawaiiantel.net](mailto:jameshhiga@hawaiiantel.net)  
Website: [www.wahiawaumc.org](http://www.wahiawaumc.org)  
Eligibility: Open to all island residents who have lost a loved one to death.  
Services: Grief Share is a Christian based, nondenominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day "Surviving the Holiday" session.  
Fee: Free - includes workbook & access to an extensive library of grief related books

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## **HONORING GRIEF & SELF-CARE**

Downtown Art Center, Chinatown Gateway Plaza, 1041 B Nuuanu Ave., 2nd floor, Honolulu, HI 96813

Phone: Felicia Marquez-Wong at 428-3550

Email: Please register with Felicia Marquez-Wong, L.S.W, C.T. at [FeliciaMW808@gmail.com](mailto:FeliciaMW808@gmail.com)

Eligibility: Monthly support & activities for those adjusting with loss of loved ones.

Services: Starting August 2021, every fourth Sunday, 2-3:30pm at Downtown Art Center

Fee: Registration is required. \$10 donation for art supplies.

## **HUG HAWAII**

725 Kapiolani Blvd., #3503, Honolulu, HI 96813

Phone: Yuki Floyd, (808) 398-0818

Email: [info@hughawaii.com](mailto:info@hughawaii.com)

Website: [www.hughawaii.com](http://www.hughawaii.com)

Eligibility: Japanese speaker who is grieving the loss of a loved one.

Services: 1. Meetings are held the first Tuesday & Third Wednesday of every month, 10:30a.m.-12:00p.m. at Ala Moana Hotel, 1<sup>st</sup> floor, Starbucks Cafe.  
2. Suicide Survivors Group - Monthly, 4<sup>th</sup> Wednesday, 10:00 a.m. – 12:00 p.m. Call or email for location

Fee: \$45 per year

## **ISLANDS HOSPICE**

1301 Young Street, Suite 300, Honolulu, HI 96814

Chaplain Sally Handley, Director of Bereavement & Volunteer Services

Phone: (808) 550-2552, fax: (808) 550-2551

Email: [Shandley@islandshospice.com](mailto:Shandley@islandshospice.com)

Website: [www.islandshospice.com](http://www.islandshospice.com)

Eligibility: All people of all ages in the community who are grieving the loss of a loved one.

Services: Bereavement support groups for adults. Must RSVP.

### **Magic Island:**

First & Third Wednesday of each month, 9 a.m.

Group meets at Magic Island at the grassy area by the parking lot

Magic Island, Honolulu

### **Kaneohe:**

Second Tuesday of each month at 10 a.m.

Aloha Nursing & Rehab Center

45-545 Kamehameha Hwy

Kaneohe, HI 96744

### **Kapolei:**

First & Third Monday of each month at 4:30 p.m.

Ilima at Leihano

739 Leihano Street

Kapolei, HI 96707

In your time of healing, Islands Hospice welcomes you to Kokua Kalihi Valley Ho'oulu 'Aina. This is a welcoming place of refuge where people of all cultures sustain & propagate the connections between the health of the land & the health of the people. This will be a time to join others in personal healing while restoring precious land. Ho'oulu 'Aina offers a unique way to process your loss outdoors by gardening, digging, or simply sharing stories. Visit [www.hoouluaaina.com](http://www.hoouluaaina.com) for more details.

## **KIDS HURT TOO HAWAII**

245 N. Kukui St. Suite 203, Honolulu, HI 96817

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- Phone: 545-LOVE (5683) Executive Director, Cynthia White, MAE: [exectivedirector@kidshurttoo.org](mailto:exectivedirector@kidshurttoo.org), Hiro Ito, MSW, Program Director: [hiro@kidshurttoo.org](mailto:hiro@kidshurttoo.org), Teejay Tom, Program Coordinator: [teejay@kidshurttoo.org](mailto:teejay@kidshurttoo.org)
- Website: [www.kidshurttoo.org](http://www.kidshurttoo.org)
- Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, and any family member because of death, divorce, incarceration, abandonment, DV, & CAN.
- Services: 1) Peer support groups and group mentoring activities for children, teens, and their caregivers through our Healing Young Hearts Program; 2) Workshops and training; 3) Crisis intervention after violent death. 4) Online educational resources at [facebook.com/kidshurttoo](https://facebook.com/kidshurttoo)
- Grief Support Groups:** Families need to be registered before participation. Please contact Hiro or Teejay at 808-545-LOVE (5683) to set up an intake appointment.
- Eligibility: All grieving children and their family member(s)
- “Children in Care”** is a bimonthly group for children who are in foster care, kinship care, guardianship, and adoption. (1st and 3rd Monday night from 6pm to 8pm)
- “General Death”** is a bi-monthly group for children with deceased family members including one or both parents, siblings, or grandparents. (1st and 3rd Thursday night from 6pm to 8pm)
- “Loss from Separation”** is a monthly group for children who are separated from a parent due to divorce, domestic violence, incarceration, deployment, or deportation of one or more family member(s). (1st Tuesday of the month from 6pm to 8pm)
- “Loss from Death”** is a monthly group for children who have experienced the death of one or more family member(s). (2nd Tuesday of the month from 6pm to 8pm)
- “General Loss”** is a monthly group for any kind of loss or separation from one or more family member(s). (2nd Wednesday night of the month from 6pm to 8pm)
- “Suicide Support Group”** is a monthly group for families who had a family member(s) die from suicide.
- “Homicide Support Group”** is a monthly group for families who had a family member(s) die from homicide.
- Please call regarding as groups are subject to change. Until further notice all groups are online.
- Fee: Free to children and families; service fees for training and workshops. Donations accepted.

## **LET GRACE IN**

P.O. Box 1783 Aiea, HI 96701

Phone: Gabby Gouveia (808) 451-3660

Email: [gabby@letgracein.org](mailto:gabby@letgracein.org)

Website: [Letgracein.org](http://Letgracein.org)

Eligibility: Anyone grieving the loss of a **child** -- perinatal loss to young adulthood.

Services: Monthly therapeutic support groups (virtual during Covid), HOPE retreats (whole day/weekend), & the Grief Recovery Method evidenced based educational programs (7-week 1:1 program offered virtually during Covid, & group programs coming in 2021).

Fee: No charge for monthly gatherings. Scholarships available for Hope Retreats & Grief Recovery Method programs.♥

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## **MAKE TODAY COUNT (Sponsored in part by THE AMERICAN CANCER SOCIETY)**

Nuuanu Congregational Church, 2651 Pali Highway, Honolulu, HI 96817

Phone: Jenny Hausler at 455-3242 or 368-4594      Email: [jenhausler@hotmail.com](mailto:jenhausler@hotmail.com)

Website: [www.cancer.org](http://www.cancer.org)

Eligibility: Open to the community

Services: Meetings held the 3<sup>rd</sup> Saturday of every month 10:00 a.m. – 12:00 noon at Nuuanu Congregational Church, 2651 Pali Highway are on pause at this time.

Fee: Free

## **MALI BELLA FOUNDATION**

501 Kealahou St., Unit A51, Honolulu, HI 96825

Phone: Sejal Megill, #808-388-2520

Email: [malibellafoundation@gmail.com](mailto:malibellafoundation@gmail.com)

Website: [www.malibellafoundation.org](http://www.malibellafoundation.org)

Services: Providing hope, healing & support for bereaved families.

Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature, Online Support Group & Resources.

Fee: Free

## **NAVIAN HAWAII (formerly Hospice Hawaii)**

860 Iwilei Road, Honolulu, HI 96817

Phone: Daniel Heathcock, LCSW, Bereavement Counselor, 924-9255

Email: [bereavement@navianhawaii.org](mailto:bereavement@navianhawaii.org)

Website: [www.navianhawaii.org](http://www.navianhawaii.org)

Eligibility: Anyone who has experienced the death of a loved one.

Services: Bereavement support groups for adults & children, & consultation/support for death in the workplace, schools, & the community.

**Virtual Honolulu/Windward Adult Grief Support Group** Meets 4<sup>th</sup> Friday of the month, 1:00p.m-3:00 pm via Zoom.

**Virtual Aiea Adult Grief Support Group** meets on the fourth Wednesday of the month, 7:00 p.m. – 8:30 p.m. via Zoom.

Please email [bereavement@navianhawaii.org](mailto:bereavement@navianhawaii.org) to RSVP for the Zoom link.

**Molokai Adult Grief Support Group** meets every Thursday from 2 to 4 PM at the Molokai Community Center, 30 Oki Place, Kaunakakai. Contact: (808) 553-4310.

**Virtual Night to Remember Memorial Service**

## **PARENTS OF MURDERED CHILDREN**

46-217 Lilipuna Road, Kaneohe, HI

Phone: Nadine Onodera, 236-2242

Email: [nonodera@hawaii.rr.com](mailto:nonodera@hawaii.rr.com)

Eligibility: Anyone who had lost a loved one to homicide or other violent death. Services:

Services: Monthly self-help support groups are on pause at this time. Ongoing emotional support, court accompaniment, assistance with documents & procedures.

Fee: Free

## **PET LOSS SUPPORT GROUP**

Hawaiian Humane Society, 2700 Waiialae Avenue, Honolulu, HI 96826

Phone: Shelly Cromono 356-2222, fax: 955-6034

Email: [outreach@hawaiianhumane.org](mailto:outreach@hawaiianhumane.org)

Website: [www.hawaiianhumane.org](http://www.hawaiianhumane.org)

Eligibility: General public. Children under 16 should be accompanied by an adult.

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Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1<sup>st</sup> Tuesday of each month, 6:30 p.m. – 7:30 p.m. at the Hawaiian Humane Society, 2700 Waiialae Avenue. Call to reserve a seat.

Fee: Free

## **ST. FRANCIS HOSPICE**

St. Francis Maureen Keleher Center, 24 Puiwa Road, Honolulu, HI 96817

Phone: (808) 595-7566

Email: [Bereavement@stfrancishawaii.org](mailto:Bereavement@stfrancishawaii.org)

Website: [www.stfrancishawaii.org](http://www.stfrancishawaii.org)

Eligibility: Anyone grieving the death of a loved one.

Services: Support services aimed at meeting the needs of grieving individuals, including grief support group meetings, grief classes, & grief workshops.

**Children's Grief Newsletter** (4 issues per year). Free & open to the community. Please call to request to be on the mailing list.

**A Journey Through Grief: Adult Virtual Support Group.** Please register.

Daytime virtual support group:

Meets on the third Friday of the month from 10am-11:30am beginning **January 15, 2021**

Evening virtual support group:

Meets on the fourth Thursday of the month from 6pm-7:30pm beginning **February 25, 2021.**

Fee: Free

## **STAR OF THE SEA HEALING HEARTS MINISTRY**

4470 Aliikoa Street, Honolulu, HI 96821

Phone: Teddy Adorable 395-4585

Email: [tadorable@hawaii.rr.com](mailto:tadorable@hawaii.rr.com)

Phone: Debbie Galipeau 734-7106

Email: [dlgalipeau@msn.com](mailto:dlgalipeau@msn.com)

Website: <http://www.staroftheseahonolulu.com/>

Services: Bereavement Support Group for those actively grieving; meetings every Saturday from 1-3p.m. are on pause.

Fee: Free

## **TEMPLE EMANU-EL GROUP FOR GRIEF & CAREGIVER RESILIENCY**

2550 Pali Hwy, Honolulu, HI 96817. Office is closed, leave messages.

Phone: Rabbi Ken Aronowitz 595-7521 ext. 3270 Email: [rabbi@shaloha.com](mailto:rabbi@shaloha.com)

Services: Weekly Bereavement & Caregiver Support Group working with themes of loss, anticipatory loss, healing, heart-opening & finding meaning. (New time to be announced).

Fee: Free

## **II. AGENCIES**

### **BORTHWICK MORTUARY**

1330 Maunakea Street, Honolulu, HI 96817

Phone: Mel Kalahiki, 522-5200, fax: 522-5206

Email: [melvin.kalahiki@dignitymemorial.com](mailto:melvin.kalahiki@dignitymemorial.com)

Ennilee Anulao

Email: [ennilee.anulao@dignitymemorial.com](mailto:ennilee.anulao@dignitymemorial.com)

Eligibility: General Public

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Services: Provides literature & videos for bereavement support. "Picking Up the Pieces" program is a series providing assistance & support in coping with the death of a loved one. Topics vary from the death of a child, suicides, & unexpected deaths.

Fee: Free

## **HUGS**

3636 Kilauea Avenue, Honolulu, HI 96816

Phone: 732-4846, Fax: 732-4881

Email: [info@hugshawaii.org](mailto:info@hugshawaii.org)

Ho'okele Case Manager - Judith Wilhoite, Family Services Program Specialists – Margaret Min & Aryuna Radnaeva, Director of Programs - Chiyomi Chow

Website: [www.hugshawaii.org](http://www.hugshawaii.org)

Eligibility: Seriously ill children & their families.

Services: A wide range of peer support services for seriously ill children & their families, plus bereavement support to these families.

Fee: Free

## **KOKUA MAU, "A Movement to Improve Care"**

P. O. Box 62155, Honolulu, HI 96839

Phone: Jeannette Kojane, 585-9977

Email: [info@kokuamau.org](mailto:info@kokuamau.org), [jkoijane@kokuamau.org](mailto:jkoijane@kokuamau.org)

Website: [www.kokuamau.org](http://www.kokuamau.org)

Eligibility: Services are open to everyone, membership grants a discount for educational activities.

Services: Speaker's Bureau, educational materials, resources & training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care & early advance care planning on all islands. For free monthly E-newsletter, write to [info@kokuamau.org](mailto:info@kokuamau.org).

Fee: Nominal fees for training materials. Speaker's Bureau - Donations requested, if possible.

## **LEGACY OF LIFE HAWAII**

405 N. Kuakini Street, Suite 810, Honolulu, HI 96817

Phone: (808) 599-7630, Fax: (808) 599-7631

Email: [familyservices@legacyoflifehawaii.org](mailto:familyservices@legacyoflifehawaii.org)

Felicia Wells-Williams, RN, Director of Family Services, 585-3412

Carol Anne Gordon, MSW, Family Services Coordinator, 599-7630

Website: [www.legacyoflifehawaii.org](http://www.legacyoflifehawaii.org)

Eligibility: Family members of Hawaii's organ, tissue, & eye donors.

Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.

Fee: Free

## **LILI'UOKALANI TRUST**

Phone: **East Oahu:** 235-7613, Ka`ai`ai Paglinawan, 46-316 Haiku Rd. Kaneohe, HI 96744

Email: [jpaglinawan@onipaa.org](mailto:jpaglinawan@onipaa.org); Dave Ogata, [dogata@onipaa.org](mailto:dogata@onipaa.org); Nicole Yogi, [nyogi@onipaa.org](mailto:nyogi@onipaa.org)

**West Oahu:** 668-2314, 87-1876 Farrington Hwy., Wai`anae, HI 96792

Yuki Lei Tanaka-Pabo, Email: [YTanakaPabo@onipaa.org](mailto:YTanakaPabo@onipaa.org), [Kristi Medeiros.kmedeiros@onipaa.org](mailto:Kristi Medeiros.kmedeiros@onipaa.org)

Neighbor Island available.

Website: [www.onipaa.org](http://www.onipaa.org)

Eligibility: Part-Hawaiian & Hawaiian orphans, ages 0 – 18, & the destitute. The Trust defines an orphan

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Services: with one or both parents are deceased.  
Wide range of resources & counseling, including grief support.

## **MADD (MOTHERS AGAINST DRUNK DRIVING - VICTIM SERVICES)**

745 Fort Street, Suite 303, Honolulu, HI 96813

Phone: Theresa Paulette at 532-6233/532-6232 fax: 532-6004

Email: [Theresa.Paulette@madd.org](mailto:Theresa.Paulette@madd.org); [hi.state@madd.org](mailto:hi.state@madd.org)

Website: [www.madd.org](http://www.madd.org)

Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.

Services: Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals.  
Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide. We provide a Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)

Fee: Free & confidential

## **REID RICHARDS FOUNDATION "NAPUAOKAMAKAOLA"**

P.O. Box 61526, Honolulu, HI 96839

Phone: Roberta Richards, 220-3491

Email: [lele8864@hawaii.rr.com](mailto:lele8864@hawaii.rr.com)

Services: We provide academic scholarships to students who have lost a biological parent or caregiver through death. All information can be found on our website:

[www.reidrichardsfoundation.com](http://www.reidrichardsfoundation.com)

## **SAMARITAN COUNSELING CENTER HAWAII**

1020 South Beretania Street, Honolulu, HI 96814.

Phone: Mimi Demura-Devore 545-2740, fax: 545-2852

Email: [info@samaritanhawaii.org](mailto:info@samaritanhawaii.org)

Website: [www.samaritancounselingcenterhawaii.org](http://www.samaritancounselingcenterhawaii.org)

Eligibility: Anyone in need of counseling services

Services: Professional counseling that integrates spiritual & religious beliefs into the therapeutic process. We serve children, adults, & families in six community locations on Oahu. First United Methodist Church - 1020 Beretania St. (main office) ; Honpa Hongwanji Betsuin Hawaii, Pali Highway; Waiokeola Congregational Church - Kahala; Windward UCC - Kailua; Our Lady of Sorrows Catholic Church - Wahiawa; Pearl City Community Church, Pearly City. Home visits also available for the homebound.

Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP's & others. The Center also offers a sliding fee scale & has a client Assistance Fund, (supported by charitable donations) which makes services affordable for all.

## **SURVIVOR OUTREACH SERVICES (SOS) & TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)**

Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857

Phone: Jessica Nutz, 787-4296

Email: [jessica.nutz.civ@mail.mil](mailto:jessica.nutz.civ@mail.mil)

Website: [www.armymar.com/programs-and-services/personal-assistance/survivor-outreach](http://www.armymar.com/programs-and-services/personal-assistance/survivor-outreach)

Eligibility: All Survivors being the spouses, children, parents, siblings, & friends grieving the loss of military personnel regardless of how they died.

Services: Provides long-term support, resources & emotional connections to the military for the bereaved.

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Fee: Call for information

## **THE SOCIETY OF MILITARY WIDOWS, ALOHA CHAPTER**

107 Imaka Place, Wahiawa, Hawaii 96786

Website: [www.militarywidows.org](http://www.militarywidows.org)

Eligibility: Widows of career military personnel. Must possess military I.D.

Services: This active local chapter offers information, social activities & general support.

Fee: Call for information

## **VISITOR ALOHA SOCIETY OF HAWAII – V.A.S.H.**

Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815

Phone: Jessica Lani Rich, President & CEO, 926-8274, fax: 926-0500

Email: [Jrich.vash@gmail.com](mailto:Jrich.vash@gmail.com)

Website: [www.visitoralohasocietyofhawaii.org](http://www.visitoralohasocietyofhawaii.org)

Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities. Must have a round-trip ticket.

Services: Bereavement support & comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; & mortuaries; assist with changes in hotel, car, & airline reservations; & more.

Fee: Free

## **III. INDIVIDUALS**

### **ERIK ACUÑA, L.C.S.W.**

Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701 &

Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813

Phone: 445-1858

Email: [acuna.au@gmail.com](mailto:acuna.au@gmail.com)

Eligibility: Adults & Families

Services: Offers counseling for all forms of grief & loss, relationship issues, anxiety & depression. Has extensive experience working with people with severe mental illness & trauma symptoms. Therapeutic approach is based in psychodynamic therapy & client-centered therapy. Integrates Trauma Center-Trauma Sensitive Yoga, EMDR, & Dialectical Behavior Therapy when appropriate & if wanted.

Fee: Most insurance accepted.

### **RICHARD HENNESSEY, L.C.S.W.**

Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826

Phone: 372-1219

Email: [rhawareness@yahoo.com](mailto:rhawareness@yahoo.com)

Eligibility: Individuals, Couples, Families

Services: Specializes in grief work using mindfulness, & teaches Mindfulness-Based Stress Reduction (MBSR) to address anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, & life-threatening illness. Individuals, couples, & group counseling.

Fee: Most insurance accepted.

### **MARI KANEMURA, L.C.S.W.**

752 Lower Main St. Wailuku, Maui, HI 96793

Phone: 364-9391,

Email: [mari.kanemura@gmail.com](mailto:mari.kanemura@gmail.com)

Eligibility: Children, adolescents, adults, & their families.

# Bereavement Network of Hawaii

Services: Grief counseling for children, adolescents, & adults coping with the death of a loved one, divorce, trauma, physical & sexual abuse. Therapeutic approaches with children include play therapy, sand tray therapy, & art therapy. Approaches with adolescents & adults include cognitive behavioral therapy & strengths-based approach to treating the whole person.

Fee: Most insurance accepted

## **RICHARD I. RIES, Psy.D. M.S.Ed.**

1188 Bishop Street, Suite 3110, Honolulu, HI 96813

Phone: 295-3999, fax: 521-4466

Email: [miko\\_ries@yahoo.com](mailto:miko_ries@yahoo.com)

Eligibility: Children (7 & above), adolescents, adults & older adults, families

Services: Hospice psychotherapy, Grief & loss, Caregiver Resiliency support & gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT & Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing.

Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare & others)

## **GEORGE F. RHOADES, JR., Ph.D.**

Ola Hou Clinic, 98-084 Kamehameha Hwy., Suite 306, Aiea, HI 96701

Phone: 487-5433, fax: 487-5444

Email: [dr.grhoades@gmail.com](mailto:dr.grhoades@gmail.com); [olahouclinic@gmail.com](mailto:olahouclinic@gmail.com)

Eligibility: Children, adolescents, adults, & their families.

Services: Grief counseling for children, adolescents, & adults as well as general child, adolescent, & adult counseling. Specializing in the treatment of trauma, dissociation & groups for anger management.

Fee: Most insurance accepted.

**LUISA C.O. WYANT, L.C.S.W.-** Serving Grievors & Caregivers in East Honolulu and Windward side, via Zoom or face-to-Face, socially distanced.

Phone: Office: 394-2800, Cell: 753-2547, Fax: 394-2826

Eligibility: Individuals of all ages & their Ohana

Services: Specialized Support for caregivers, private & professional; Mobile service for grief counseling, if pre-planned.

**Grief Support Group:** Mommies Monday Mourning, 3<sup>rd</sup> Mon. of each month, 4:30 –

6:00pm This group is for moms whose child (of any age) has died. Call ahead for details.

Fee: HMAA, HMSA, Tricare accepted. Also sliding scale, if appropriate. Please call the office for assistance and scheduling.

## **IV. HOSPICE & AGENCIES – NEIGHBOR ISLANDS**

### **HAWAII CARE CHOICES – formerly HOSPICE OF HILO (Hawaii)**

1011 Waiuanue Avenue, Hilo, HI 96720–2019

Phone: Jihei Roach, Community Bereavement Counselor, (808) 969–1733, fax: (808) 969–4863;

Email: [jroach@hawaiicarechoices.org](mailto:jroach@hawaiicarechoices.org)

Website: [www.hawaiicarechoices.org](http://www.hawaiicarechoices.org)

Eligibility: Hospice families experiencing the death of a loved one.

Services: Individual counseling, support groups, workshops & trainings offered throughout the year.

**Adult Support Groups:**

# Bereavement Network of Hawaii

Daytime Grief Support Group (ongoing) meets every Tuesday 10 a.m.

The Healing Journey: Adult Six-Week Grief Support Group. Pre-registration required.

The Journey of Grief- 3 Part Community Workshop, Wednesdays, 5:30p.m.-7:00p.m., May 16, 23, 30

Family Bereavement Camp (all ages) Friday & Sunday, June 1&3, 5:30 p.m.-7:00p.m. ongoing drop in group; June 2<sup>nd</sup> Saturday, Survivor Suicide Group, 5:30 p.m.-7:00 p.m. at Pahala Plantation Cottages, Ka`u

## **Youth Support Groups:**

Youth 3-Day Grief Group (Ages 5-11) Wednesday-Friday, July 18-20, 9:00 a.m.-10:30 a.m. at Ainaloa Long House

Youth 6-week Grief Group (Ages 5-11) Tuesdays, 4p.m.-5p.m., September 11- October 16.

Teen 4-week Grief Group (Ages 12-17) Wednesdays, 4p.m.-5:30p.m. September 12 - October 3.

Virtual Youth Bereavement Camp

## **NORTH HAWAII HOSPICE (Hawaii)**

65-1328 Kawaihae Road, Kamuela, HI 96743

Phone: Leah Ledward, MA, Bereavement Coordinator (808) 885-7547 (option 1)

Email: [info@northhawaii hospice.org](mailto:info@northhawaii hospice.org),

Website: [www.northhawaii hospice.org](http://www.northhawaii hospice.org)

Eligibility: Anyone who is dealing with a loss in the community.

Services: Adult individual & group grief support, Caregivers support, children & adolescents. Employee grief support – available at work location. School Grief support groups (at school campus). Call North Hawaii Hospice for more information.

### **Circle of Support Groups:**

A variety of support groups are offered throughout the year. Please call North Hawaii Hospice for current information or to be put on a contact list. Pre-registration required.

**Pre floating-lantern decorating** –Prior to floating lantern ceremony. Call for date.

**Holiday Support Group** – October, November, December (contact for details)

**Ohana Remembrance Ornament Decorating Evening** (November)

Fee: All services are free.

## **HOSPICE OF KONA (Hawaii) & Maluihi Grief Center**

P.O. Box 4130, Kailua Kona, HI 96745

Phone: Kristi Kaapu, MSW, Bereavement Coordinator, 808-443-2908

Email: [KKaapu@hospiceofkona](mailto:KKaapu@hospiceofkona) 808-443-2914

Website: [www.hospiceofkona.org](http://www.hospiceofkona.org)

Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.

Services: **Individual counseling** for adults & children, support groups, workshops, & educational evenings.

**Please call to schedule an appointment prior to attending any group.**

**Ongoing Monthly Support groups:** Those Who Have Lost a Child -1st Saturday of the month, noon - 1:30 p.m.; Spouse Loss Group - 1st Monday of the month, noon-1:30 p.m.

**Eight Week Support groups:** Grief Explorations Support Group offered quarterly;

**Grief Movie Nights:** Using movies to move through grief for adults and children;

**Annual Children's Grief Camp:** Camp Erin Hawaii

**Grief & the Holidays** in December.

# Bereavement Network of Hawaii

**Annual Memorial Service:** Circle of Remembrance offers the bereaved of the community an opportunity to express their grief & remember & honor their loved ones. Held in January.

Fee: No charge for any services. *For more information contact Hospice of Kona Community Services Center, 75-5925 Walua Road, Suite 102. (808) 324-7700, fax: (808) 324-7722 or number above or visit our website [www.hospiceofkona.org](http://www.hospiceofkona.org)*

## **HOSPICE MAUI (Maui)**

400 Mahalani Street, Wailuku, HI 96793

Phone: Beverly Lundquist, Psychosocial Services Supervisor (808) 244-5555,

Email: [beverly.hospicemaui@gmail.com](mailto:beverly.hospicemaui@gmail.com)

Joyce Lechuga, Bereavement Coordinator, [joyce.hospicemaui@gmail.com](mailto:joyce.hospicemaui@gmail.com).

Website: [www.hospicemaui.org](http://www.hospicemaui.org)

Eligibility: Any person dealing with the loss of a loved one.

Services: **H.E.A.L. (Help Ease a Loss) Bereavement Support Group**-meets weekly on Wednesday, 6:00 p.m.-7:30 p.m.; Tuesday 3:00 p.m.-4:30 p.m. on alternate weeks. Call for more information.

**Reconnecting with Life After Loss Group** – a six week group meeting Thursdays from 5:30 p.m. to 7:30 p.m.

Fee: Free

## **KAUAI HOSPICE (Kauai)**

4457 Pahe`e Street, Lihue, HI 96766

Phone: Operations Director Trisha Yamashita, 808-245-7277, fax: (808) 245-5006

Email: [tyamashita@kauaihospice.org](mailto:tyamashita@kauaihospice.org)

Website: [www.kauaihospice.org](http://www.kauaihospice.org)

Eligibility: Any person dealing with the death of a loved one.

Services: Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief & a children's grief program.

**Journey Through Grief** - a six week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.

**Candle Lighting Memorial Service** - held annually the first Monday in December at the Immaculate Conception Church.

**Trees of Remembrance** - Runs from the Friday following Thanksgiving through Christmas at both Princeville & Kukui Grove Shopping Centers.

Fee: Free

## **LANAI COMMUNITY HEALTH CENTER**

333 Sixth Street, PO Box 630142, Lanai City, HI 96763

Phone: (808) 565-6919

Website: [www.lanaihealth.org](http://www.lanaihealth.org)

Eligibility: Individual (children, adolescents, & adults), Couples, & Family

Services: Grief, loss, & bereavement counseling, psycho-education, & consultation with tele-psychiatry.

Fee: We use insurance or sliding scale for uninsured Patients

## **LIFE'S BRIDGES HAWAII, INC.**

P.O. Box 1965, Līhu'e, HI 96766

# Bereavement Network of Hawaii

Phone: Gina Kaulukukui, 808-651-6637  
Email: [healinglifesbridgeshawaii.org](mailto:healinglifesbridgeshawaii.org)  
Eligibility: Anyone grieving the death of a loved one.  
Services: Life's Bridges is dedicated to bridging the gap between grief & healing by providing one on one counseling, bereavement buddies, specialized support groups & community education about death, grief & suicide prevention. Financial assistance to students' academic achievements is now provided.  
**BEST** (Bridges Emergency Support Team) dispatch by the Kaua'i Police Department, BEST will go directly to the scene of any sudden & unexpected death & provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith & school communities that may be impacted by the death.  
**Good Grief Club** - this club is designed for children K through 5<sup>th</sup> grade & is held at various elementary schools around the island & is done in partnership with the Circle of Lights. Dates & locations vary.  
**BRIDGES** – a support group for any parent who has had a child die regardless of the child's age. This group meets the 3<sup>rd</sup> Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu'e Plantation Building in Līhu'e.  
**Heal the Hurt** – a support group for those who have had a loved one die by suicide. For day/time please call 651-6637.  
Fee: Free

## **NA KEIKI O EMALIA**

PO Box 1137, Wailuku, HI 96793

Phone: Terri Erwin, PhD (Executive Director) 808-214-9832

Email: [outreach@nkoemaui.org](mailto:outreach@nkoemaui.org)

Website: <https://nkoemaui.org/>

Eligibility: For children 6-18 who are grieving the death of a parent, sibling, or another person important to them

Services: Peer-to-peer support groups on Zoom with trained facilitators.

Every other Monday 3-3:30 pm ages 6-10

Every other Tuesday 3-3:45 pm ages 11-13

Every other Wednesday 6-7 pm Ages 14-18

Fee: Free

Updated 5.18.21

Bereavement Network of Hawaii meets for in-services & networking. We meet from **1:00 p.m. to 2:30 p.m.** on a **Thursday** (usually the 3rd), by arrangement.

**Next meeting: 1pm Thursday, May 20, 2021, on Zoom.**

For revisions, please contact [info@kokuamaui.org](mailto:info@kokuamaui.org).

Bereavement Network of Hawaii provides this list of resources for information purpose only, & not as an endorsement of those resources listed. This list is not all-inclusive. For additional resources in the community, please check with your health care professional, religious community, online, or the telephone book.